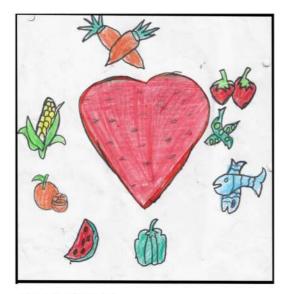


My Favourite Summer Time Food

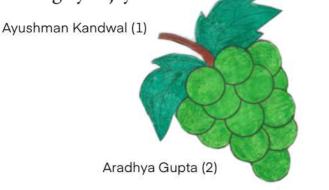
My favourite summer time food is ice-cream and my favourite flavour is vanilla. Ice-cream is available in cups and cones and I love to have it both ways. My mother makes delicious ice-cream at home. Ice-cream is sweet and tasty and I don't miss any chance to have it.

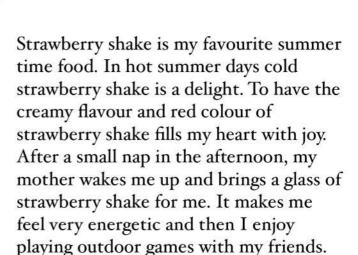
Atharv Bhati (2)



Sparsh Bhatt (3)

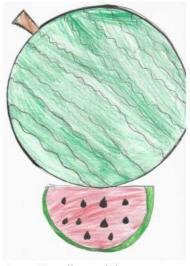
Summer is my favourite season and my favourite food is mangoes and ice- cream. It is little messy to eat mangoes but I love to eat them especially with ice- cream. I feel very full after eating mangoes. I wait for the whole year for summers to come so that I can have ice- cream and mangoes. My mother prepares delicious puddings with mangoes which I thoroughly enjoy.





Gururoop Kaur (2)

Sparsh Bhatt (3)



Arav Randhava (3)

My favourite summer time food is pasta. My mom cooks delicious pasta for me on weekends. I also love to drink mango shake and eat fresh fruits with ice-cream in summers.

Anaya Sharma (1)

Time Spent With My Granny & Grandpa Is Golden

My grandpa and granny are my best friends; They love me the most; they fulfill all my wishes,

Whether it's getting stars or fishes.

They are my angels,

And make my life like a heaven!

Mysha Negi (1)

Granny, granny;
You are so loving and caring,
Always ready to help,
And always so giving,
Granny, Granny;
When you comb my hair,
It doesn't pain cos you take so much care,
Granny, Granny;
When you are close to me,
I stick to you like a glue,
Granny, Granny;
But when you go away,
I miss you and wait for you all day!

Triyambh (2)



Avneet Kaur (3)



Aryan Bhatt (3)



Kritika Khantwal (3)



Dipti Pundir (3)

During first lock down, I with my parents went back to our grandparents' house in our native village. My grandfather has a big beautiful house surrounded by trees with a big courtyard in front and a vegetable garden at the back of the house. It was soothing to hear birds twitter all day long.

My granny and grandpa love me a lot and make me feel very special. My grandpa taught me how to take care of vegetable garden, how to sow seeds and water them. My granny taught me how to milk cows. Every evening we would sit in the courtyard and my grandpa use to tell us ghost stories. I cherish the time spent with my granny and grandpa. I love my grandparents.

Gururoop Kaur (2)



Vanshika Chaudhary (8)

When My Nose Grew Like that of Pinocchio

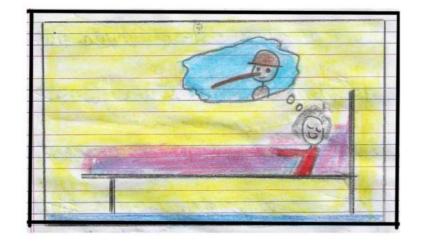
When my nose grew like that of Pinocchio. I felt my parents won't love me and my friends won't play with me. Everyone would make fun of me. One day, I felt very bad and cried a lot. I thought I looked ugly, but my mumma told me that I looked lovely

and that she will always love me.

Harshita Chawla (2)

If my nose grows like a Pinocchio,
I can use it as a finger to play with it.
If my nose grows like a Pinocchio,
I can hang my toys on it.
If my nose grows like a Pinocchio,
I can do scuba diving with it.
If my nose grows like a Pinocchio,
I can peck like a woodpecker.
But if my nose really grows like a Pinocchio
I'll never ever be able to tell a lie or ever lick a pie.

Ananya Sharma (1)



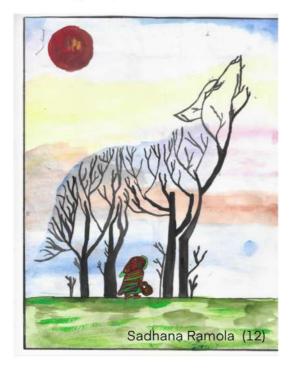
I love chocolates but my mother hides it in her cupboard. One day I took it from her cupboard and when she asked me I refused. Suddenly my nose grew little bit. When I was playing a game; my father asked me what I was doing. I told I was studying. My nose grew longer!

Whenever I tell lies my nose grows long. One morning I woke up with my nose so long that I couldn't open my bed room door. I got very scared and started crying loudly. Suddenly I woke up to realise that it was a dream. I touched my nose and it was a normal. I went off to sleep again but with a promise that I'll never tell lies.

I Am Red Riding Hood's Dress Designer

I am Red Riding Hood's dress designer. She loves dresses made by me. This time I made a dress according to her taste. Little Red Riding Hood's mother sends her into the woods to visit her grandmother. She needs beautiful dresses to visit her granny. I have designed a beautiful red and blue colour dress with lot of frills and a flowing cape. I am sure she will look gorgeous when she will wear this dress.







Prisha Saklani (7)

I am Red Riding Hood's dress designer and I will be designing a new outfit for her. The new outfit will be pink in colour. It will be a gown with stars sprinkling all over it. There will also be a crown with jewels on it. She will be having matching footwear too. Red Riding Hood will look so pretty in her new outfit.

Saumya Bisht (1)

To design Red Riding Hood's dress, I will first look for a shimmery silk fabric. I will make a black skirt and a white lacy top. I will also get high heels or red and black sandals. Red Riding Hood would look very beautiful in her new dress.

I often feel bad for Red Riding Hood as she has to go through the woods to meet her granny. It is so scary to go all alone. As her designer I will make a dress which will make her look like a part of the forest. The dress will be of green, yellow, brown and red colour. Red Riding Hood will surely like it because she will feel safe in it. My Companion Toy

My barbie doll is my toy companion. Her name is Cinderella. She is very beautiful and has long curly hair. Her eyes are round and blue. She has many beautiful dresses and pretty purses to carry. I love to comb her long hair. My cute doll sleeps with me and in my free time I play with her. I love to take care of Cinderella and spend time with her.

Aaradhya Yadav (1)



Aditi (2)

My favourite companion toy is my remote control car. I always love to play with it. It is red in colour and runs with a very fast speed. I keep it neat and clean. It has to be charged after every 24 hours. My parents gifted it to me when I was 8 years old. I can easily carry it with me everywhere. It is a Ferrari model and I can turn it on both sides easily by its remote. I love my toy car.

Aarav Manval (2)



Agymya Bisht (3)

My cute teddy bear is my toy companion. It is soft with small eyes and big ears. It has red round nose and a red cap. Its outer coat is red and white in colour. I talk and play with the teddy and also shake hands with it. Wherever I go I carry my bear with me.

Pranjal Aswal (1)



Unnat Rajan (2)



My companion toy is Shinchan. I play with him and keep him next to me when I sleep and when I eat. My grandmother brought it as a gift for me. He is the best teddy in the world.

Adhyan Katwal Chhetri (3)

My companion toy is my pillow. It is like a soft toy. Its name is Tunu and Bobby. It is very cute. It is with me since my childhood. I play different types of games with my pillow. It is multicoloured and very fluffy. I celebrate its birthday every year on 16th September. I am very grateful that it exists. I love my companion pillow toy.

Rani is my favourite doll. I spend time with her and share my feelings with her. I cuddle with her at night. I comb her long silky hair. She is very beautiful and has a very cute smile. I forget all my problems when I am with her. My sister also plays with her. I love my doll very much.

Aradhya Rawat (3)



Ansh Bhatt (3)

Kanishk Kaushik (3)

My favourite companion toy is my remote control helicopter. It was gifted to me by my uncle and aunt on my last birthday. It is white and red in colour and it has green blades. I am very fond of my helicopter and I play with it every day. I take good care of it and ensure its safety. After playing with it, I keep it in the cupboard. I love my companion toy.

Ansh Bhatt (3)

Fun Time on My Bicycle

I have a red and white colour bicycle. My father had gifted it to me on my birthday last year. I ride my bicycle with my friends in the neighbourhood. At first, I did not know how to ride it but later my father taught me and soon I was riding it smoothly. I take care of my bicycle and wipe it clean whenever it gets dusty.



Agamya Bisht (3)





My bicycle is blue in colour.

My father gifted me this
beautiful bicycle on my
birthday. I ride my bicycle
with my friend in the evening
and enjoy competing with
everyone. I have lots of fun
with my bicycle.

Yuvraj Bhatt (1)

Kirti Kudiyal (2)

One day my friend and I planned to go for a bicycle ride to a close by stream. Next day we woke up early in the morning. We took our water bottles and small tiffins and started our journey. It was real fun riding the bicycle on a muddy road surrounded by tall green trees. We finally reached the stream after cycling for 15 minutes. We washed our bicycles until they were sparkling clean. We sat down to eat sandwiches which tasted so delicious. I felt like a grown up to take a trip on my own. I really enjoyed my bicycle trip and I love riding my bicycle.

Gururoop Kaur (2)

I have a beautiful pink colour bicycle which my mother gifted me on my fifth birthday. It has two supporting wheels on each side which helps me keep my balance. There is a cute little basket in front. In the evening I like to ride my bicycle with my friends. At first, I did not know how to ride it but my elder brother helped me and taught me. I wear my red colour helmet for safety while riding the bicycle. I take good care of my bicycle by washing it daily. I love my bicycle.

Kirti Kudiyal (2)

I have a beautiful bicycle which is pink in colour. My mother gifted this bicycle to me on my birthday. I ride my bicycle with my sister and I enjoy cycling every day. I keep my bicycle neat and clean.

Ananya Sharma (1)

I ride my cycle on my porch.
I put toys in the carrier.
I ride it in circles till my head goes dizzy.

I also give a ride to my younger brother.

He enjoys the rides and in return shares his toys with me '

Pranjal Aswan (1)



Aradhya Lakhera (5)

I have a beautiful green colour

bicycle. My mother gifted it to me on my 7th birthday. I enjoy riding it regularly. It has two small supporting wheels which help me keep my balance and prevents me from falling down. A pretty bell is fitted to the handle and I love to use it to move people away from my way. Cycling is a good sport and a lot of fun.

Manvi (2)

Why I Must be Allowed to Play in Mud and Water

I must be allowed to play in mud and water because I love it and enjoy it thoroughly. Whenever it rains, I want to jump in mud and enjoy splashing it. But my mother doesn't allow me. Sometimes when I please my mother, by doing my homework properly, she gives me permission to play. I love making various shapes with wet mud. It is very amazing experience to play in mud and water.



Adhyan (3)

Yuvraj Bhatt (1)



Adhyan K. Chhetri (3)

Playing in mud and water helps me to connect to my sweet memories of my babyhood days. When I play in mud, I try to make many things with the wet mud. I must be allowed to play in mud and water because it helps me to showcase my creativity. I can jump and slide in mud which gives me a lot of joy.

Agamya Bisht (3)

I love playing in mud and water because it brings me closer to nature. I love to jump and splash water with my feet. Playing in mud gives me lots of joy and my mother says it makes my brain creative.





Samridhi (3)

My Trustworthy Companion

Grandparents are a beautiful face of God in this world. God cannot be everywhere so he has sent them. I love my grandparents and they also love me very much. They listen to all my problems and give me solutions. They are my best friends inspite of the huge generation gap. They might not be highly educated but they have a beautiful heart that loves me and they understand me and guide me well. I want my grandparents to always be there for me. I wish to be there for them always, to look after them and serve them so that they live a happy life.

Vedika Rawat (4)



Adhyan K. Chhetri (3)



Riddhima Silswal (5)

My favourite companion,
Is Naman, my friend.
Through good times and bad,
My friend, my buddy;
Beside me you stand
Beside me you walk;
You are there to listen,
You are there to talk;
With happiness, in pain
With tears or when I am insane
I know you will be there
Throughout the year.

Shashank Chamoli (4)

The one whom I trust is my mother. She is the most important person in my life. My mother and I have a special connection. My mother is both, my teacher and my friend. I am forever grateful to God for giving me such a wonderful companion. My mother is my greatest inspiration who motivates me to achieve my goals, to be healthy and brave. She is also a great listener and a good counsellor. She listens to all my problems patiently and suggests me amicable

solutions. She protects me from bad vibrations and I feel a great sense of security with her around me. The bond I share with my mother is something that I will cherish throughout my life. I am so happy that I have my greatest companion in my mother, who is also my friend.

Bhuvi Tongra (5)

I am one among those people who talk to trees. I consider them my trustworthy companion and share my feelings with them. One of my favourite companions among them is a guava tree in my compound. I have given her a name

'Mariam'.

The first time I realized, I have a connection with Mariam tree was when I was six years old. Thereafter every evening, I sit with her and tell everything about my day. I love to relax beneath her shady boughs. Twice in a year she bears delicious guavas. I often wonder how I could return her favours. She tells me to ensure that we human beings must not kill trees; otherwise life on earth would come to an end. She explains that trees are an integral part of life on earth. It's very soothing to hug her trunk and touch



Nandini Semwal (8)

the soft leaves. The best part about Mariam is that she is a very good listener. I talk nineteen to the dozen and never hear her complaining. Her presence is like a balm to my heart on a day when things go wrong. I have to thank goddess Aranyani for the precious gift of trees and a very special one for my own Mariam.

Aradhya Lakhera (5)

Humans are inherently social animal and cannot live a secluded life. A good companion is a blessing that only few enjoy. In this modern age people have become selfish. Friendship between people does not last long as many a times it breaks because of self-interest. However everyone desires a loyal companion with whom joys and sorrows can be shared to create a wonderful life. Books are the best companion of humans. They do not demand anything from us. Books give us joy; we learn a lot from books. They take us into an imaginative

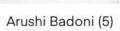
world. Reading books help us in improving our communication skills, vocabulary and develops a keen sense of judgement.

Reading books help us to relax and reduce stress, assist us into developing our notions and expressing our viewpoints. Books inspire us to work hard and reading good stories help us to build a strong character. It is important to read a book at least for a few minutes each day to stretch the brain muscles for healthy functioning. Reading provides us a great company, a company which you can get any time, any day and almost everywhere.

Arushi Badoni (5)

Books are my trustworthy companion as good jokes and religious stories refresh my mind. Reading good books can help me change my viewpoint of looking at the world. Books also help me to positively look at things, enhance my imagination and thinking skills. Reading books also help me increase my vocabulary.

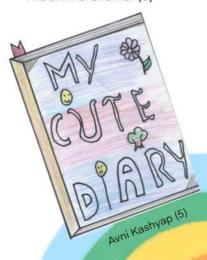
I get to learn about different places on Earth from books. Books can help me grow mentally by



The Alchemist

teaching me new concepts. I learn about good and bad things, positive and negative things from the books. There are a lot of motivational and inspiring books which motivate me to change my philosophy of life. But my favourite book is 'Bhagwat Gita'. Whenever I read the holy book, I always imagine the story and understand the meaning of the story. Books are my favourite companion as they never let me down.

Riddhima Silswal (5)



Books are our best companions because they give us knowledge and peace of mind unconditionally. I feel very calm and secure while reading books. Books take me into this beautiful world of imagination. I carry my books everywhere I go. A book is one thing with which I can spend my entire day, leaving behind all my problems. If you want to understand a concept in depth, go to books.

Books are the most easily accessible source of knowledge. At night I always read a book and journal before sleeping. I am also trying to write fairy tales. With books life is so interesting that it seems that the entire world is at your door step.

Arushi Badoni (5)

One Morning When I Woke Up With Wings On My Arms

One morning when I woke up, I was surprised to see wings growing out of my arms. Then I showed them to my parents and they were surprised too. I was excited and ran out of my house and I tried to fly up in the sky, but I couldn't. However, I was not demotivated. Try, try till you succeed is a lesson my teacher had taught me, so I kept on trying till I was finally successful.

I felt very happy and proud when my arms spread like powerful wings, helped me float in air. There were various birds flying with me and I tried to become friends with them. I was flying very high and when I looked down I was amazed to look at the houses looking as tiny as ants.



Diya Goyal (7)

When I got tired, I perched on a window sill of a tall building. I felt at the top of the world to see the sun setting behind a big tree. I hurried back home as it was getting dark. Next day morning after my breakfast I flew out to bring vegetables and fruits. Everybody was surprised to see wings on my arms. I am so happy to have wings as this will make me become very popular. Now I will be able to do all the work as quickly as a bunny.

Rajveer Singh (4)

One morning when I woke up I was amazed to find that there were wings on my arms. I had always wanted to fly like a bird. Now I could fly high up in the sky and see how the world looked like from the top. I would fly faster

and higher than an airplane. I would fly over the top of the hills and mountains. I would cross the rivers and seas and travel to other countries. I could spend my time with the birds on the trees and nest. If I had these wings forever life would become so interesting and joyful!

Kartik Kudiyal (4)

As the alarm went off I sent a hand from below the sheet across my desk to turn it off. As I straightened up my arms I observed that my back and shoulders felt like they were being twisted. When I stood up, I realized that there were feathers and wings folded neatly under my T-shirt. My first thought was that it was a cool dream. I pulled the T-shirt over my head. I was completely surprised on seeing beautiful wings on my arms.

I flapped my wings to check if they were real but nothing happened. I tried again, harder this time, and then my toes left the ground. I was flying and realised that it was happening for real. I was getting higher with every stroke. I looked down at the view which was amazing. I was loving and enjoying the beautiful and colourful sky above me.



As I was flying and got tired, l

decided to land but I was not able to do so. I struggled hard and then I got stuck on a branch of a tree and fell down on a hard ground. With this I realised my dream of flying was true only in my dreams.

Shashank Chamoli (IV)

Last night I came back from a remarkable magic show. In one of his magic tricks, the magician made his assistant fly with wings on her arms.

On my way back I could not think of anything but the flying magic trick. How I wished I could also experience flying like a bird.

When I woke up in the morning, I saw wings on my arms. I was both delighted

and frightened to see wings on my arms. I moved my hands up and down and flew out of my bed and reached the window. I wanted to fly out of my window immediately but first I must get ready. I flew to the washroom and freshened up, standing carefully on a single foot. I then took off from my window, into the streets, to the market, up high in the sky.

My joy knew no bounds, for my wish of flying was now fulfilled. It must have been the magic from the last night's show, I thought. While I was lost in my thoughts, I missed seeing the pole on my way. I banged into it and fell down only to find myself on my bed, the alarm clock waking me up to reality.

Riddhima Silswal (5)

One morning when I woke up, I saw that I was having wings on my arms. I was very happy and ran out to fly high in the open sky. Thereafter, I flapped my wings up and down and suddenly found myself rising above the ground. Soon I was flying above buildings, mountains and finally I reached the clouds. When I looked down, I realised how beautiful nature was. The scenic beauty was so beautiful and blessed with natural resources. This was my first experience to see land from above. I enjoyed my flying journey and it only left me craving for more and more!

Atharv Semwal (4)

My First Performance on the School Stage

The first time, I gave a speech on the school stage was truly a special moment. As a kid, I was extremely shy and seldom spoke in front of people, choosing to stay quiet most of the time. I remember that when I was in standard third, my class teacher had instructed me to give a small speech on the occasion of The Independence Day. I prepared myself so well that I memorized the entire speech by heart. I did this because I did not want to forget anything and spoil my first performance. Performing onstage was a big thing for me and I did not want to shatter my confidence.

Next morning, on the D day, I was both nervous and excited. When the event started, the anchor announced my name and I walked up the stage with trembling legs. Standing in front of such a huge gathering got me even more

nervous. However, I gathered my strength, said a silent prayer and started my speech. To my surprise, I delivered my speech so well that each and every one sitting in the audience clapped hard for me. The applause gave me immense confidence and made me so happy that I felt like a dog with two tails!

Shashank Chamoli (4)



Ansh Bhatt (3)

My first performance on the school stage was in my S.K.G. class. On the occasion of the Annual Prize Day, our class teacher told us that it was compulsory for everyone to perform in the function. I was selected for a pair dance. I was very nervous to perform in front of the entire school and parents. We had taken a lot of practice under the guidance of our able teachers.

When it was our turn, we walked up on the stage. All the teachers and students were clapping and cheering for us. The applause helped me feel happy and confident. I then decided to give it my best. I enjoyed performing and the audience appreciated our performance. After that I always take part in all the functions as I love to.

Rajveer Singh (4)

It was our Annual Prize Day function when I was performing on the stage. It was a group dance performance and I was holding a central position with my friends around me. During the rehearsals we had a lot of fun. Our teacher had rented costumes for us. Everyone was very excited.

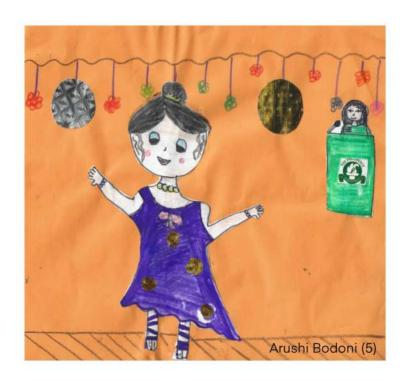
On the day we all were dressed up in our glittering red costume. Our teacher did our makeup and we all were looking beautiful and attractive. I realized that

I was a little nervous but I mustered up my courage. I saw my parents in the audience and was looking forward to show off what I had learnt in school. Our performance was a hit as everyone clapped for us and my parents appreciated our performance.

Vedika Rawat (4)

I can never forget my experience with my first performance on the school stage. When I was in Class-II, I took part in a group dance and I was very excited. On the day of the performance I became very nervous. We all were dressed up and waiting in the green room. I was getting tense as there were a lot of questions in my mind. I was panicking to think that if I would forget my steps in the middle of the performance, everyone would make fun of me. I was stressed as to what my teachers and Principal would think of me then.

All these negative thoughts must have shown on my face for just then a voice came from behind, "Everything will be fine." She was my teacher, who had taught us the dance. She put her hand on my shoulder and told me, "If you will be confident, your performance will be the best". Her voice and her touch was so comforting that I forgot all my fears. I felt confident and cheered up.



Soon our performance was announced and we were walking up the stage. Our performance was brilliant and I enjoyed it thoroughly. With this I have realized that confidence is the key to success.

Shivam Maithani (5)

It was my first performance on the stage and I very nervous. My legs were shaking and my heartbeat grew faster by every passing minute. I had to perform a solo dance. As I walked to the stage, the sight of so many eyes on me made me feel like a bundle of nerves. However, I gathered my strength and started my performance. Initially there was some issue with the sound system

which helped me ease my tension. I managed to gather my confidence and started my performance with aplomb.

I am not sure what actually disturbed me but in the middle of my performance I forgot my dance steps. The dance teacher who was standing beside the stage prompted me and I completed my performance with a sigh of relief. It was not an outstanding performance but still I ended it with a beautiful smile.

Avriti Khantwal (6)



Deepika Tyagi (5)

My first performance on the school stage was when I had to deliver a speech on the occasion of Teachers' Day. Our whole class had written on the topic and our class teacher heard the speech from all the students. I felt at the top of the world when my teacher selected me from my class to deliver the speech.

As my name was announced, I walked up to the stage. I felt numb, my throat had gone dry. I could see a huge gathering before me but couldn't see any face. As I had practiced a lot, I mechanically started my speech. I did not pause anywhere, just said whatever I had learnt without registering what I was saying. By the time I finished and managed saying thank you, I could hear clapping from the other side. I walked out of the stage still feeling numb, but soon got back to my senses when my friends cheered me up and told me that I was brilliant.

Vanshdeep Bisht (6)

My Animal Spirit

The spirit of the animal that we identify ourselves with is more than just a symbol. The spirit of the animal guides and protects us during our life's journey. Relating to our spirit, animals provide us with power and escort us to the righteous path.

I believe, my animal spirit is a Hamster. Hamsters are known for their cute, funloving nature. Hamsters are curious, social, playful and energetic creatures.

Whenever I reconnect to my inner child, I feel I am fun loving like a Hamster. I also, always understand my priorities and act accordingly. Now that's what a Hamster is known for!

Deepika Tyagi (5)

Everyone has a different animal spirit as it depends on the nature of a person. Some are calm and cool like a dolphin while others are aggressive like a tiger.

I also have an animal spirit within me. Early, in the morning when I wake up, I feel very lazy and move very slowly like a tortoise. After bathing and having my breakfast, I become active like a rabbit. In school, I love to make friends and play with them. At that time, I think that I have the spirit of a dog. Sometime, while playing I fall down and get wounds, but I never cry. At that moment, I feel like I am as strong as an elephant. So I feel that I have different animal spirits at different times and situations. However I am mostly energetic and friendly and therefore my animal spirit must be dog.

Gurnoor Singh (5)

Rajveer (4)



Rhythm Ujjwala S. Khati (12)

The animal with which I resonate the most is a rabbit. I say this with conviction because I can go on and on doing things without getting tired and surely I never give up. I love to hop around places to express my happiness. Just like these cute creatures, who love to chew carrots, my favourite food is carrots. So much so that recently even my friend pointed out to me that I look like a rabbit because of my teeth; Of course I couldn't stop grinning and I take it as a big compliment. How I wish I had ears as sharp as that of rabbits and then I could rotate them almost a full circle to 270 degrees. Lastly and infact very important, like a rabbit, I am intelligent and courageous. I know how to

juggle myself through difficult times just like the rabbit in the story who saved himself from the lion by his sheer wit!

I believe in the concept of animal spirit because I have a huge bonding with the

animal world. I love to adopt street animals and take care of them. One day, I was very sad and was sitting next to my dog who was in a happy mood. When she saw me crying, she came and sat on my lap and started licking me to lift up my mood. I immediately understood that she was trying to cheer me up. I forgot all my problems and started playing with her.

I also feel very connected to cows and love them. One day when I was going to get goodies from a nearby shop, I saw some cows on the way. I couldn't resist and I started patting the



Patience Avisha (5)

youngest one. The little one responded to my touch and she started licking me. I was very happy and felt very warm in my heart.

I resonate with animals and because I am very

sociable, friendly and a leader, my animal spirit is

dog. However, I love all animals, mostly cows and



Shrinika Bahuguna (6)

dogs.

Endeavour Gauri Berman (8)

An early morning walk

One day I decided to go for a morning walk with my grandma at 6:00 am and it was freezing cold outside. To keep ourselves warm we wore our jackets, gloves and also put on our caps. We walked to the park. There were many people doing meditation and yoga with fog all around them. I could hear birds chirping. I felt the fragrance of flowers and could see leaves covered with mist. The environment was very peaceful with no pollution, no noise and hardly any vehicles. We took two rounds of the park and were now feeling a little warm. The sun had risen and we chose a corner where we could sit and feel the

warmth of the early rays of the rising sun. I could now see more people in the park, some doing yoga, some jogging, cycling and walking. Around 8:45 am we reached home. I took a quick shower and had my breakfast. It was overall a wonderful experience.

Arushi Badoni (5)

"Wake up early for you have real dreams to catch" is a wise proverb and I believe in it. I developed this habit of getting up early and going for a morning walk. It is beneficial for my health and keeps me fit. Doctors also advise their patients to go for morning walks. I usually take my dog with me and it makes me feel secure. When I go out for morning walk there is total silence all around and everything is calm and quiet. I cross many closed shops on my way. One can also see security guards carrying their backpacks as they handover their duties to the day guards. One can also see people sitting around a bone-fire, warming their hands. There are lots of street sweepers cleaning trash from the night before, making the place ready for another hectic day.



Udisha (7)

The fragrance of blooming flowers is very intoxicating and makes my day even more cheerful. It is a wonderful scene to behold. Morning walk is the best way to start a day.

Avriti Khantwal (6)

There is an old proverb; "Early to bed, early to rise makes a man healthy, wealthy and wise." It is said that morning walk is one of the best ways to reduce stress. I like to go to a park closeby to my place. In the park many people come for jogging and exercising. I love to watch the laughing exercise the most. I usually go for a walk at 6:00 am. On my way to the park, I come across two or three street dogs. At first, I used to be scared of them and they also used to bark at me.

However, now they have become friendly and greet me with wagging tails. In

winters, it is very foggy early in the morning and extremely cold. The visibility also is very poor. However, brisk walking makes you feel warm soon and then I love to feel the cold breeze on my warm face. On my way home, I am even more energetic and ready for a day full of challenges.

Vanshdeep Bisht (6)



Anuradha Thapliyal (8)

Today I went for a morning walk with my mother. It was very cold, so we had covered ourselves with warm clothes. It was very foggy and I could not see anything for few feet.

There were vehicles which were moving very slowly.

People were walking with folded arms. There were lots of street dogs sitting curled up under cars. The sun was now

rising and clearing the fog. We walked into a park and saw many people exercising and jogging. The sweet fragrance of flowers was very refreshing. I could hear birds twittering and felt very happy on seeing flock of parrots fly from one tree to the other. I felt very relaxed and happy walking around nature.

Daisy Sagar (4)

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Avni Duriyal (7)

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Vanshdeep Bisht (6)

The Hidden Cost Of Urbanisation

I remember growing up in my quaint little village with huge trees, river flowing down a small cliff. How I laughed and played running along the riverside, sharing my secrets with trees and flowers.

It was in the summer of 2017 when I was devastated on losing my favorite Christmas trees which were being cut because a highway was to be built. My village was growing by leaps and bounds and rather than protecting it from such destruction, people were happy that it was developing, the pseudo growth was frustrating indeed.

Gradually the growth story of my village silently took away so many of my natural companions. How I miss my pretty fireflies, a million little glowing pieces, who would light up my way on a new moon night while I walked my way back from my granny's house. While we are fascinated by the bright street lights and celebrate development, we do not even realize the impact of light pollution on moths, caterpillars and their likes.

The Mother Earth feels helpless to see her children bullying the flora and fauna and stabbing the environment, plundering it and yet demanding for more and more. I, her child, in her womb feels her pain and wonder what can be a 'wakeup call' for the human race. I can see our end is at close as I feel my mother's feet are turning cold while the roots of the trees are not able to fetch water from underground anymore, her legs are going numb as the chemicals are sprayed all over the vegetation and trees. I can feel the burning sensation in her stomach as the plastic disintegration is making ozone holes grow bigger day by day; I can hear her heart beat slowing down while mortals are chasing wealth ,stabbing their own brothers in cold blood; her lungs choking as pollution is growing and virus is getting activated. Can

anyone help to bring the human race to its senses of living a simple life of truth and gratitude?

My head is going dizzy but no help is coming, we must succumb with our mother as she collapses. There is pain, lot of pain and anguish around, there is sadness and grief, screams and pleadings. Hope against hope I am looking for a way out. I am trying to seek wisdom from the ancient scriptures, praying to the five elements. There is no solution in pointing fingers at others, the change has to start from within.

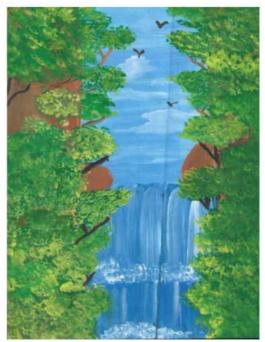
I have to be the change in order to bring a change.

Kush Agarwal (7)

Nature Is Our Best Teacher

Our society has become reliant on technology rather than nature. Nature should be our best teacher but has become the last priority in learning. Unfortunately even to communicate with each other we use cell phones and social media.

Nature is the fountainhead of beauty and solace. It soothes our heart, mind and soul; it refreshes the beings with vigour and vitality. William Shakespeare in his play- 'As you like it' has very poetically said - "Tongue in trees, books in the running brooks, sermons in stones and good in everything". It is quite true that nature unfolds innumerable lessons to us at all times. Everything in nature is grand and flawlessly perfect. The infinite galaxies, solar systems, the Sun, planet Earth and infinite forms of life on this planet are just mind boggling. It is wonderful to see the sun and



Kajal Uniyal (9)

moon coordinating their roles so effectively for years. The earth constantly moving on its axis facilitates the entire discipline of the universe. Commitment is what we must learn from them without which life is not possible on this planet.

In conclusion, we can say that nature is the best teacher for anything and everything if we wish to learn. We must develop our ability to read the invaluable lessons from nature.

Gurupalak Kaur (IX)



Yashika Negi (8)

"Nature is a great teacher and beauty is its first lesson"

To be calm, and that patience reaps sweet fruit is one of the crucial lesson that nature teaches us in plenty. It takes nine months for a zygote to bloom into a baby, months for a seed to turn into a sapling and the sapling to turn into a full blown tree. This teaches us that the process of growth requires patience and time. Good things take time to happen and we must not hurry them up.

Nature teaches us to be hopeful and have patience even in the darkness of night, for

only when it goes dark do we see moon and stars, that immediately show up to

brighten up everything. So it is not the moon that makes night beautiful but the night that makes the moon beautiful. This lesson makes us grow stronger and mature enough to cope up with challenges of life. Trees bend when wind blows hard because if they don't, they will break. It teaches us two important things, we should bow before the supreme power or else we will break; we should blow out our ego to prevent some beautiful relations from breaking.

Nature is complete; Nature is perfect! It's only on us to understand and learn from it as keen students.



Sambhavi Rana (10)

Nature is one of the best and noblest gifts of God. If you truly love nature you will find beauty everywhere. Even we humans are part of this brilliant, massive nature. Nature is beautifully crafted by an unseen power, a power none can comprehend. Nature includes trees, fragrant flowers, blue sky, rivers, oceans and animals and the list is never ending. True happiness lies in the lap of

nature. Nature is like our mother who loves us unconditionally and her scoldings, in form of natural disasters redirect us into the right direction. Nature as a Giver is always providing us with resources to live here on this planet, an enriched life. So, we must stay close to nature for our own benefits. Without nature this world would be nothing. Nature teaches us how to be calm,



Ashmita Naithani (9)

composed and feel happiness in all little gifts of life. The best lesson we learn from nature is to be a Giver and seek pleasure in helping and nourishing all living beings.

Aarohi Rawat (8)



Kajal Uniyal (9)

It is true that nature is our best teacher.

Everything in nature is beautiful and perfect.

Nature teaches us all the life transforming lessons of greatness, patience, hard work, peace, renewal, abundance, generosity, kindness, acceptance, self reliance and many more. The sun teaches us to shine and give light to the world; rivers teach us the message of moving on and on no matter the obstacles. As the river starts its journey from high mountains, on its way to sea it flows down many valleys, hills, slips between many ridges and flows by many villages. Thus proudly claiming that it waits for none, showcasing its beliefs in its strength and its goal.

The trees teach us to take our stand on things we believe, that life is a school of learning and we must always be ready for a climb to gather a better view. We must remember our roots and understand to be contented in what life offers us. Trees also deliver a very important message of being in conversation with the earth, sun, air and water to produce flowers and fruits for everyone to cherish and relish. So let's always stay connected to the four basic forms of nature, respect them and protect them from our ruthlessness, so that life on earth not only survives but also prospers.

Ishika Farasi (8)

Mother nature is a benevolent companion who accompanies us from the start of our journey on earth, till we breathe our last.

Nature is our home, it is our place of shelter and solace. Just like a mother it teachers us things like no one else can. Plants, animals and every other living things carry a message which we must observe



Kritika Chaudhary (10)

and absorb. Nature teaches us that we have a purpose in life. We must peacefully co-exist and work for each other's welfare. For instance, a hibiscus flower's life span is only for a day. On the only day that it lives, it dances all the time, cheering up everyone with its beauty until it dies in the evening. Trees that protect us against the harsh sunlight deliver an important lesson of compassion, that we should protect the poor and needy from their problems. Nature with its perfect balance and cycles, teach us that discipline is very crucial without which everything will end up in a disaster. Can you ever imagine a day when sun shows up late, just because it was feeling lazy! Nature in most cases has inspirational techniques to teach humanity. Nature gives all her wealth to human beings and does not expect any payment in return. This teaches us to measure happiness as a Giver. As for human beings, the most important lesson is to be humane, be happy and spread happiness.

Udisha (8)

"Nature is our best teacher", this famous proverb allures us to explore and learn from nature and its belongings. Nature has inspired all big and small creatures.

To humans, nature has endowed with an excellent level of subconscious mind, keen insight and power to excel in the field of Science, Technology or Art. Trees are the unsung heroes who provide us with food, shelter and all kind of medicines. In fact nature asks nothing in return, giving all its wealth to us. Everything around us in nature has a purpose in life, rivers teach us to flow; trees teach us to protect; flowers teach us kindness and animals with their unconditional love and service, teach us humanity! Every creation in nature is guiding us, the humans, to its relevant path to spread humanity.



Divyansh Saxena (7)

Prisha Saklani (7)

Never Judge A Book By Its Cover

A very famous proverb, 'All that glitter is not gold.' pours out the wisdom of living an honourable and contended life. Even the prince in Merchant of Venice won his love by being fair and wise. He didn't follow the fools and didn't choose the caskets by outer appearance. Outer glory may be praised but inner beauty is always rewarded. Here is a story which justifies, 'Never judge a book by its cover.'

Long time back there lived an old man, Kaspar in a small town named Kritam. Kritam was a village which did not consist of more than 30 houses with a population of just 200 to 250 humans. Kaspar use to graze his sheep in a forest nearby and returned only after it was dark. As usual he went to the forest with his sheep.

While his sheep were grazing he sat under a tree. After some minutes his gaze went behind a tree, he saw something shining. When he went behind the tree, he saw two caskets: a big shining casket next to a small dull casket. A very old

frail woman was struggling to pick both of them in order to carry these caskets. He thought of extending some help to the lady and picked up the big shining casket. After a short distance, the lady thanked him for his help and asked him to take one casket as an acknowledgement for his help. Kaspar refused and claimed that those caskets belonged to her and it's fine to help people in need, without expecting anything in return. He said "These caskets belong to you lady, how can I take them"? When the lady insisted, he chose the small dull casket and told that he is grateful to her to gift him the casket. The lady went away with the big casket.

When Kaspar reached his home he opened the casket and was spell bound to see gold coins, jewels and valuables. He thanked the lady from the bottom of his heart. Kaspar's neighbour, Muni was watching everything from Kaspar's house window and he was astonished to see those valuables. He decided to go to the forest next morning.

According to his mindset Kasper must have gone to the forest searching for the lady, so he also went on a search and fortunately found her. The lady asked Muni the same question."Do you choose the big casket or small casket?" Muni thought that when Kaspar chose the small casket he got cold coins, gems and valuables; so if he chooses the big casket maybe he will get more money and gems. Muni asked the lady to give him the big shining casket. Muni reached his home with lot of excitement and opened the casket. To his shock and dismay he found ugly snakes crawling out of it. He got so scared that he ran for his life. The story highlights the fact that worthy people get rewarded because they choose things according to their inner beauty.

All that glitters is not gold,
Often you must have heard this tale being told,
People must make choices with their heart in control,
Lest they want their life to be on hold!

Arushi Bagri (IX)

They say it's an inside thing,
And that is all that counts,
But then they judge the outer shell,
And all the judgement goes mayhem.

We put on masks to hide our pains, We judge by looks and go insane, Feelings and needs they matter not, In this world full of vanity, Only what glitters, matters the most!

If someone has the look, the way we want, We accept them right away,
But if it is torn, tattered or different,
Then we toss it and let it lay.

It's only human nature,
That we judge in such a way,
Keeping pretty things close,
Throwing everything else away!!!

Vimudha Panwar (9)

The Lost World

I was strolling in a field and pondering over the derogatory state of the earth when I spotted a huge translucent balloon like structure a mile away. My strong legs, equated with an equally strong spirit, urged me to reach out to it. I must have been only a foot away when it sucked me towards itself and even before I could recover from the shock I was pushed out into a huge humongous green land, covered with a beaming indigo sky.

The 40 feet oblong structure surprised me as it did not emit heat, sound or any exhaust from the propellers. Surely this was an UFO and I was awe struck by the advanced technology. The impressive landscape was so inviting that soon I found myself walking along the calming roar of the cerulean sea where beautiful Christmas Sandpiper were singing to me. Its rich ringing song was a

conformity that it was thriving here. The vibrant morning hues were enchanting and energized me to walk through the green fields.

Suddenly I found myself amidst a cluster of Malabar Mahogany, sight of which we had lost a century ago on earth. I was overwhelmed to see the little blue Macaw, Dodo, Nilgiri Tahr, Asian Elephant, Bengal Tiger co-exiting in complete harmony. The Dodo must have read my thoughts for she came forward and hugged me, her touch conveyed to me that they all communicated here with a touch or eye contact, how brilliant I thought!

Soon I was a part of them and learnt about their lifestyle. I understood that by and by they all were kidnapped and were transported to inhabit this beautiful land. They all seemed happy to be in a place which ensured them stability and they did not have to procreate here, for their caretakers were not insecure beings like humans who had overpopulated the earth, causing much harm by deforestation, habitat destruction, climate change and devastated the entire diversity of flora and fauna.

The crispy morning turned into a glowing afternoon. They invited me to their only meal of the day which I realized comprised of fresh flavorful micro greens. The subtle scented Frankliana flowers, mildly citric Saint Helena Olives, the honey flavored Rhynia twigs made a meal befitting for a Queen. How well was the flora n fauna flourishing here. It was while I was enjoying the exotic meal that, the huge poison frog, that got extinct in 2020, spat a venomous information that their caretakers have their eyes on the ravishing peacock now. My heart sank to hear this, but they all seemed very happy and their excitement knew no bounds.

I had started feeling very anxious as evening was settling. My companions must have sensed my anxiety for hurriedly they made arrangements for my departure. How beautifully they covered me with leaves and the wind carried me to the UFO scheduled to leave for earth.

I woke up the next morning, hurried out of my bed, so much had to be accomplished in order to restore the balance.

Yes, we must begin from planting of the trees and ban the use of plastic with an

iron hand. Or should we first protect the endangered species? Was it the peacock next in line to get endangered?? Where do we begin? There is too much of work and not much time. Breathe! But the air is so stifling? So much at stake and nothing in hand.

Maybe let's start by quietening our ego.

Richa Dabral (X)

Fame Is Fickle

"Fame is a fickle food upon a shifting plate" the American poet Emily Dickinson has truly captured the spirit of fame, which is unstable and unreliable. Money and fame provide you with everything, but not forever. When mountaineers reach a mountain top, with a sense of fulfillment celebrate that moment and are proud of the achievement. While they relish the spectacular view at the mountain top, the next move is returning to the ground. So everything, under this sun has an expiry date. Robert Browning's poem "The Patriot" is a harsh critique on public sentiment, fickle and short-lived, as they welcome the protagonist with roses only to despise and pelt stones at him a year later. Money, in the same league, abandons and is an uncertain commodity to rely on. Money has never made humans happy, nor will it ever for the more one has, the more one wants. It never gives a sense of satisfaction; on the contrary it creates a vaccum with a huge whole under the vaccum.

Money can buy a house, not love and home; can buy you a cot, not peace and sleep; can buy a book, but not wisdom and knowledge. It's hollow and temporary and never even promises to keep its promises: Why bank on it then? The American writer and philosopher, Ralph Waldo Emerson once said, "Nothing is more constant than change."So position, status or reputation changes with time. What is stable in this evanescent world? What is superior to money and fame?

The answer is Knowledge and Character. As they empower a human being to make informed decisions, to develop their skills and abilities and contribute to society in meaningful ways. Knowledge provides solid foundation for personal

and professional growth and leads to greater fulfillment over the course of a lifetime. It frames one's character, which never falters even in the eye of a storm: Character is eternal!

All our heroes and preachers possessed knowledge and character in abundance. They not only gained knowledge for their benefit but reached out to people with their wisdom. Each one of us should try to come out of our materialistic desires, should understand the fact that knowledge is the supreme power and character the highest virtue. Money and fame wither away, while wisdom and character take you to glory.

Money and fame is like the McMansion in Sarasota that starts falling apart after 10 years: Knowledge and Character are the old stone buildings that stand for centuries!"

Yashashvi Bahuguna (11)

If money is temporary and fame is fickle; 'What is stable?' The question tickles, KNOWLEDGE is the only answer, Yeah! It works as the future enhancer!

Fame is short lived and often wavers; Money is power, but not a savior, Sometimes it's less, sometimes more; And when it goes away there is a furor!

Fame and money are not to be adored;
For, they leave you craving for more and more,
Money and fame leave when you are frail;
Its knowledge then who steps in and helps us pass life's trail,
Never rely on money and fame,
For at the end, you will suffer with mere shame!

Money and fame are showbiz; Knowledge leads you through life's quiz,



Marina Koikara (11)

Knowledge is upright;
It makes your soul bright,
Knowledge is divine;
It helps your aura go shine!

Merina Koikara (11)

Pros & Cons of Artificial Intelligence

The 'art of connecting universally ' and also the 'art of disconnecting emotionally' are both, the gifts of Artificial Intelligence. AI is a boon for the developing countries and also the developed ones. The telecommunication, automobiles, mobile phones and most of the things that surround us are gifts

of technology. Technology can't be escaped. It aids us in every work; be it in washing clothes, printing documents, calling our relatives or enjoying a cool environment within the concrete walls of our houses, even when it is scorching hot outside.

AI has spread its manifold and massive claws in every direction. Anything in technology, including AI, can prove to be useful if it lands up in correct hands. For instance, the whole world witnessed the wonders of corona vaccine that helped us navigate through the nightmarish engulf of a microscopic organism. Biotechnology was the weapon that provided



Bhawna Singh Khati (11)

us with a solution to the horrendous pandemic, and made us competent in defeating corona.

The regular updates in the versions of our mobile phones, the working of bioreactors and the methodologies of genetic engineering, all revolve around the fundamentals of AI. The humanoid robot 'Sophia', developed by a Hong-Kong based company, was designed on the principles of artificial intelligence. These robots lay the foundation of the upcoming age that would see a gradual rise in

the number of such models. The graph will soon touch a very high level in future and generation alpha is sure to witness a decade, a century or a millennium that would be ruled by robots. The false dichotomy may provide the users with two options -'working with artificial intelligence and letting it disturb the balance of the world' or 'abandoning the manufactures of AI completely and shutting off the technological glory of the era'. So the only viable option is a wise and controlled use of the machine; remember power lies in the hands of the executor.

Mobile phones might connect us with a person living abroad but they seem to be gradually taking away our precious time from the shares of our friends, family and relatives. On one hand, technology cures diseases whereas on the other hand, it also invites diseases. The radiation from the Wi-Fi towers turns out to be fatal if a person is exposed to it for a prolonged period. The gadgets such as mobile phones, laptops, computers etc. cause headache, eyesight weakening, bad temper and many other issues. For the practice of genetic engineering, many a time animals are exploited .This along with the increasing nuclear threats and other ethical issues raised by AI is probing a huge danger to the foundation of humanity; also a threat to the civilization.

However, innumerable advantages of artificial intelligence in terms of the benefits it brings; so whether it's efficiency, 24/7 availability, automation,, smarter decision making ability, managing repetitive tasks etc are far more enticing in front of few visible shortcomings. The belief 'as we sow, so shall we reap' that resonates in the human world, governs the world of technology too .Whatever is the input from a human's side, the technology will manifest it in the form of an output. One cannot think about AI without thinking about data input. In order that an AI algorithm gives an output it first has to be fed with volumes of data. The entire decision making process by AI is depended on the quality of data input which is a crucial step. Concerns with the data input in terms of ethical challenges are still to be addressed. AI decisions are not always intelligible to humans and can have discrimanatory outcomes as a result of bias data input. AI technology must be backed by trained personnels who must undergoes certain techniques, such as playing devils advocate, to help them minimize the bias that is grounded deep in their subconscious mind. It is these leaders who are responsible in programming the AI machine

and remember a wrong mindset can cause damages at various levels.

Another danger that this technology poses is that algorithms can be manipulated or a piece of sensitive information can be leaked and a reprogrammed algorithm can prove to be disastrous. The weapon automization is yet another angle wherein there are very insufficient global regulations. Yes I agree, to err is to human, however while humans can be held responsible for their mistakes, machines cannot. On the warefare front an AI is incapable of differentiating among active combatants; the ones who are injured or from the ones who are surrendering. Now isn't this a breach of human dignity?!

In this changing world where change is the only constant I would conclude to say that changes are inevitable. History is replete with examples where humans have undergone changes since our species first evolved. Human societies have been altering the world in the ways that benefit us greatly. Yet again, we are at the same crossroads with a lot of noise on the pros and cons of a new era that we are settling into. Any change brings with it a fear of unknown and to move out of our comfort zone is something most of us wouldn't want to. We are now moving into this new wonder world of AI with its new challenges. Challenges are part and parcel of life and life more or less in any era is similiar: always perfect but in an imperfect way! So as to say, the more it changes the more it remains the same.

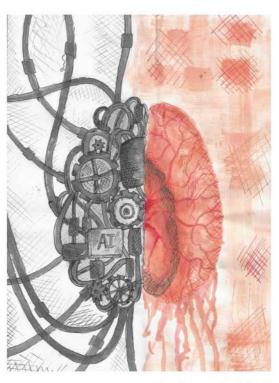
Samridhi Saklani (12)

Artificial Intelligence is a proof of human intelligence; innovation and AI was built to serve humans and assist them in their tasks. Many technology giants are working on their Artificial Intelligence software to fetch more customers and improve their services. Every other day there are trending topics on A .I. and the latest in November 2022 Chat GPT is making waves in the tech world with its ability to generate human like text. Many such innovations in the past few years have proved to be a game changer. Sophia, a social humanoid robot, personified our dreams for the future AI.

The prime focus of developing Artificial intelligence is to reduce human burden. The AI technology is heralding a new era, ushering an enormous shift.

The AI smart appliances such as Amazon, Alexa and bots are readily available with the purpose of doing repetitive household tasks, freeing up time for creative works so that we gradually may move into a slow movement growth. The ability to recycle, reduce and reuse will be enhanced by the use of inhome3D printers giving rise to a new type of craft .Human beings will now be expected to do things which are original, out of box thinking thus making right use of their capabilities. With the onset of AI usage there will be new legal challenges which again will be handled by the AI itself. Sounds smart so far!

'Logic above all' is the principle that AI works with wherein there is no distraction of human moods, emotions or fatigue and AI efficiency is many times better than that of a human . The integration of AI tools in the health sector is also amazingly productive. AI can be a bonanza identifying health problems at early stages, recommending medicines after making unfaltering diagnosis based on humongous data study. In the field of defence AI role is certainly very beneficial. The lethal tasks like fighting wars where many counties like China, USA are developing their new army unit of machines to fight for them in wars. This will reduce the loss



Ujjwala S. Khati (12)

of life of their soldiers and even cause more destruction to the enemy. The AI is also used in the heavy duty sector like construction which poses much danger to the lives of labourers or tasks which are difficult for manpower to perform, thus reducing the risk of injuries and deaths to zero; now this is what is called progress.

AI usage is changing life enormously and the invention has simply left us all marveling at the tech world we all are heading in for. The AI world infact seems like a magical world, a world of immense accuracy, speed, comfort; a world where all our dreams would come true! Are we then moving into a utopian world? Infact the truth is that all utopias are dystopias, for a world of perfection can never exist.

We mortals have been known for chasing a better world from time immemorial, but every comfort comes at a price, for life is not all moonlight and roses. The world of AI will lead us into cutting human jobs, making people lazy, devoid of any purpose, leading to frustrations, hollowness and more vanity. While Artificial Intelligence can store a lot more data than a human mind, they don't have their own judgement, intuition and are devoid of ethical and moral values; they can't succeed to interpret as a human can do. Safety is vulnerable while using AI. In case of armed robots a single bug or a slight armed technical glitch can lead to non-functioning or even destroying its own soldiers. Many intellectuals believe that if AI is developed more than necessary or its IQ and EQ comes at par with humans, it many prove dangerous for the existence of human race and ruin the civilization completely. Now that we have already arrived into this era of AI, the question that we need to answer is, how do we navigate our way through this?

Ishant Chamoli (12)

The Day I Got Locked In The Washroom

One day I got locked in my washroom, Smelling the scent of soaps and shampoos, Got me sick!

I kept lying there lazy;
With some thought driving me crazy,
It was evening at four;
When I tried to break the door,
The cost of the door then came into my mind;
I shuddered and moved behind,
How to get out of the place, I used all my brain power;
Soon gave up and settled with the idea of taking a shower,
The frustration was making me blind;
The cold water helped me chill my mind,
It was now eight;
Still there was no movement at the gate!

My phone was about to say good bye;
Its battery was about to die,
My empty stomach reeling with anger,
My empty mind was thinking of a toothsome cheese burger.
I slept empty stomach that night;
With hunger pangs I had to put up a brave fight,
Early next morning I got up from the floor;
Hoping someone would come close to my washroom door.

Then I heard my father's voice from the store;
I shouted for help till my throat got sore,
I made it a point to tell everyone that I loved all of them and genuinely adored;
And now they wanted to know about my experience more and more,
But first I must eat;
I was served with a simple meal but it seemed like a huge treat!
My little sister while playing with her toy, colt;
Had struck the handle and was the reason of this unfortunate bolt!
So I was locked inside uptill eight;
An experience I remember vividly till date!

Sahil Singh Bisht (12)

Out of all the places I should have been,
I got locked in a washroom, the day I turned thirteen;
No cake, no balloons, nor any gifts,
The birthday was full of crazy antics!

My mom and I went to a shopping mall,

To get decorations for the hall,

Instead I got myself locked;

An incident which I took years to get over with the shock!

Up the lift, towards the right; On the top floor, on the side; At first it was all fun, The luxury washroom at City Junction! But then suddenly nothing could be seen, Darkness approached, And I was all alone in the scene!

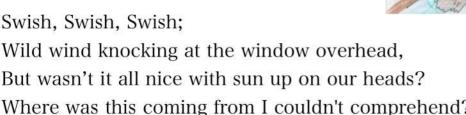
My courage went down the drain, Panic and fright I couldn't restrain; Moved my hand to unlock the door, But all was in vain and miserably I squat on the floor.

Drip, drip, drip A voice came from somewhere in the room, I did not even try to find the source of my upcoming doom!

My ears perked up; Listening to every little sound, Picturing all sorts of monsters, Waiting for me to turn around!

Imagination can be both; Your friend and your fiend, Mine had turned into a foe, it seemed.

Wild wind knocking at the window overhead, But wasn't it all nice with sun up on our heads? Where was this coming from I couldn't comprehend?



Oh! God save me now, I cried for some mercy, Dear Mr & Mrs Ghost, It's my Birthday Please show some courtesy!

Sadhna! someone called out my name, I know being scared is a shame,



Sadhna Ramola (12)

But to answer to a call in dark they say,

Is nothing less than putting your life at stake!

And then I lost my wits,

Hearing some more rattling only gave me more fits!

A shrill escaped my throat,

For now there was loud banging on my door.

Someone was pulling me,
And I was resisting it with all my might,
My shut eyes could feel some light,
There was this lady dressed up in white,
Hair open and smile so bright!

Mom! her presence was like a balm,
My saviour forever, got me calm,
And I remember the sentence that came out of my
lips,
Did I come here today for all this!?

Sadhna Ramola (12)

It was on a summer day;
Late in the month of May,
When I got locked in the washroom,
And I didn't know how to ask for help and from whom?

It was an unusual experience I must say; Which I went through that day, Because I got locked there, And wasn't able to go and play!

It was so stuffy;
I was unable to inhale fresh air,
I realised the washroom was not being cleaned with proper care.

My parents were not at home,
And my brother had gone to Rome,
There were only walls, taps and broom,
Which I saw when I was locked in the washroom.

I was all alone when I got locked,
The source of air also got blocked.
The only ray of hope in my mind,
Was that my parents will come after sometime.

It was already eight,
But no one came,
I was going insane,
And there was none I could blame.

I imagined that things in the washroom were talking to me, They were telling me that I was the worst part of their team, They told me that I was a rich spoiled brat, For I kept the washroom dirty and it smelt like a dead rat.

I picked up the broom, the brush and the mop,
Scrubbed and cleaned from bottom to the top,
I cleaned every nook and corner,
And soon forgot that I, a little while ago had felt like a loner.

My parents were proud to see that the bathroom looked so bright, Happy that now I had got my priorities right, Relationships and all other things need one's care, Even a rose in a garden waits for one's time and stare!!

Rajat Chauhan (12)

काश मैं भी पंछी होता

उड़ना सबको अच्छा लगता है। मुझे भी उड़ना बहुत पसंद है। काश मैं भी पंछी होता तो, मैं दूर आसमान तक उड़ता मेरा जब भी मन होता तो मैं उड़कर अपनी नानी के घर चला जाता ।अगर कोई मुझे परेशान करता तो मैं उसे अपनी चोंच से टुक- टुक कर मारता और यदि कोई मुझे मारने आता तो मैं फुर्र से उड़ जाता।

Mridul Bhatt (2)

काश मैं भी पंछी होती नील गगन में उड़ती ऊँचा। खेतों को मैं देखा करती, पेड़ों के ऊपर से उड़ती । मनचाहे फल खाया करती, नदियों का मैं पानी पीती। घूमा करती इधर-उधर, गाँव, कस्बा और शहर। काश मैं भी पंछी होती, नील गगन में उड़ती ऊंचा।।



Saumya Bisht (2)

काश मैं भी पंछी होती तो मैं दूर आसमान में उड़ती और सूरज को छूने की कोशिश करती । मैं दुनिया के इस कोने से उस कोने तक जाती और नई नई जगह देखती। काश मैं पंछी होती तो मैं उन जगहों में जाती जहाँ जाने का लोग सपना देखते हैं। मैं खुली हवा में अपने पंखों को फैला कर उड़ती । काश मैं पंछी होती तो कभी पहाड़ की चोटी पर पहुँच जाती, तो कभी पेड़ की डाली पर झूलती और कभी समुद्र पार करके दूर चली जाती। काश मैं भी पंछी होती तो मैं पेड़ पर बैठकर अपनी आवाज से सुंदर गीत गाती । सारे मौसमों का मजा लेती काश मैं पंछी होती। काश मैं भी एक पंछी होती।

आसमान में उड़ रही होती।

उड़ उड़ कर खूब इठलाती।

यात्रा मुझे सुखद भाती।

आसमान से मैं सब पर नजर रख पाती।

काश मैं भी एक पंछी होती।

रोज सुबह उठकर अपनी,

आवाज से लोगों को जगाती।

उड़ उड़ कर मैं घर घर जाती,

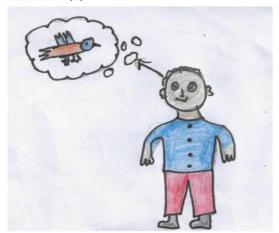
तालाब के पानी में मैं खूब नहाती।

जो मुझे दाना देता उससे मैं खूब प्यार करती,

काश मैं भी एक पंछी होती,

सबके मन को मैं भाती।

Samridhi (3)







काश मैं भी पंछी होता अगर मैं पंछी होता। आकाश में उड़ता रहता, दुनिया की सैर मैं करता। अलग-अलग देशों में जाकर, तरह-तरह के पंछियों से मिलता। अनेक तरह की भाषा मैं सीखता। अगर मैं पंछी होता।

तोता हूँ मैं तोता हूँ, हरे रंग का तोता हूँ। चोंच मेरी लाल है, सुंदर मेरी चाल है। मीठे फल मैं खाता हूँ, जब-जब माली आता है। पत्तों में छुप जाता हूँ, तोता हूँ मैं तोता हूँ।

मुझे दूध पीना क्यों ना पसंद है

दूध एक पेय पदार्थ है। यह हमें गाय, भैंस, बकरी इत्यादि से प्राप्त होता है। दूध पीना मुझे

पसंद नहीं है। मेरी माँ रोज सुबह को दूध देती है। लेकिन मुझे दूध पीना पसंद नहीं है। दूध को पीने के बाद मुझे उल्टी होती है। इसलिए मुझे पसंद नहीं है। दूध से बनी मिठाइयाँ भी मुझे पसंद नहीं है। दूध से मुझे बदबू आती है। मुझे दूध पीने से अपच, गैस होती है। इसलिए मुझे यह पसंद नहीं। मेरी माँ मुझे सुबह और शाम को दूध देती है, जो मुझे नहीं पसंद मिरी माँ मुझे हल्दी मिलाकर भी दूध देती है। लेकिन मुझे स्वाद नहीं आता। दूध बहुत ही अच्छा और स्वादिष्ट होता है। पर मुझे दूध पीना पसंद नहीं है।



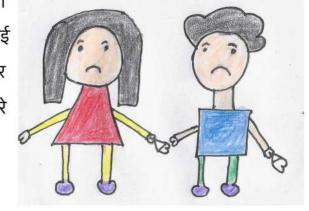
Gururoop Kaur (2)

Manvi Sharma (2)

मैं तो बहुत अच्छी हूँ, मेरा भाई जिद्दी है

मेरा नाम गुरुरूप कौर है। मैं ६ साल की हूँ । और मेरा भाई ५ साल का है। मैं अपने मम्मी पापा की हर बात

मानती हूँ। लेकिन मेरा भाई बहुत जिद्दी है। जब भी मम्मी पापा मुझे पढ़ने के लिए बोलते हैं, मैं पढ़ने बैठ जाती हूँ। पर मेरा भाई जिद करने लगता है। कि मुझे अभी नहीं पढ़ना। मैं खाने की हर चीज अपने भाई के साथ बाँटकर खाती हूँ। पर वह कभी भी मेरे साथ कोई चीज नहीं बाँटता। जब मम्मी उसे समझाती हैं, तो वह जिद्दी करने लगता है। सब लोग कहते हैं। कि मैं तो बहुत अच्छी हूँ, पर मेरा भाई बहुत जिद्दी है।



Ayushman Khandwal (2)

Gururoop Kaur (2)



मैं तो बहुत अच्छा हूँ । लेकिन मेरी बहन और भाई बहुत ही जिद्दी है। मेरे भाई -बहन हमेशा छोटी छोटी चीज के लिए जिद करते हैं। पर उनका जिद करना भी ठीक है क्योंकि वह अभी बहुत छोटे हैं। अगर हम किसी दुकान में जाते हैं, तो वे अपने लिए कुछ ना कुछ लेने की जिद जरूर करते हैं। और उनको नहीं पता कि वह जिद कर रहे हैं बस उनको तो जो लेना है, वह बस लेना है।

मैं एक नन्हा सिपाही हूँ

भारत की वीर सिपाही हूँ,

मैं भारत की तकदीर हूँ।
छोटी हूँ पर बड़े हौसले,
पर दुश्मन की जंजीर हूँ।
देश की सीमाओं के अंदर,
खुशियाँ लेकर आऊँगी।
आपस में सब भाई बनकर रहेंगे,
मैं उनके बीच का प्रेम बन के रहूँगी।
चारों दिशाओं की खुशियाँ हूँ,
मैं सीमा के बाहर,
दुश्मनों को हरा दूंगी।
खुशी-खुशी जान देने को तैयार हूँ,
अपनी वर्दी और टोपी की लाज बचाऊँगी,
भारत की वीर सिपाही हूँ।





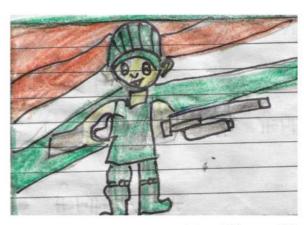
Agastya Singh Chauhan (3)



Mridul (1)

मैं एक नन्हा सिपाही हूँ। मैं अपने देश से प्रेम करता हूँ। मैं अनुशासन में रहना पसंद करता हूँ। मुझे सेना की वर्दी पहनना अच्छा लगता है। मैं देश की सीमाओं की रक्षा करना चाहता हूँ। मैं सुबह जल्दी उठता हूँ। स्वस्थ रहने के लिए हमेशा कसरत करता हूँ।मैं देश के तिरंगे को सैल्यूट करता हूँ। जय हिंद!

Atharv Bhatt (2)



Manvi Sharma (2)

आइसक्रीम की ठेली

आइसक्रीम खाने में बेहद स्वादिष्ट होती है। जिसे बच्चे से लेकर बड़े भी बहुत पसंद करते हैं। आइसक्रीम बहुत ठंडी ठंडी होती है, और यह दुकानों में और ठेलियों में बिकती है। आइसक्रीम विभिन्न रंगों व अलग अलग स्वाद में आती है। आइसक्रीम दूध से बनती है और यह बहुत ही नर्म और मुलायम होती है। मुझे वनीला और चॉकलेट आइसक्रीम पसंद है। गर्मियों में ठंडी -ठंडी आइसक्रीम बहुत अच्छी लगती है, और आइसक्रीम में सूखे मेवे भी डाले जाते हैं। आइसक्रीम में बहुत सारे फ्लेवर होते हैं जैसे चॉकलेट स्ट्रॉबेरी वनीला आदि।

Manvi Sharma (2)



Arav Randhava (3)



Aayushman Khandwal (3)



Agastya Singh Chauhan (3)



Aditi (3)

हमारे यहाँ पर गर्मियों में रोज शाम को आइसक्रीम की ठेली वाला आता है। हम सब बच्चों को उसका इंतजार रहता है चार बजते ही आइसक्रीम ले लो, आइसक्रीम ले लो की आवाज आने लगती है और सब बच्चे आइसक्रीम की ठेली की ओर भागने लगते हैं और अपनी मनपसंद आइसक्रीम लेते हैं। मुझे भी आइसक्रीम की ठेली का इंतजार रहता है। चार बजते ही मेरे कान ठेली वाले की आवाज सुनने के लिए चौंकन्ने हो जाते हैं। रोज तो नहीं पर कभी-कभी मैं भी अपनी पसंद की आइसक्रीम लेकर खाती हूँ। लेकिन ठेली का इंतजार रोज करती हूँ।

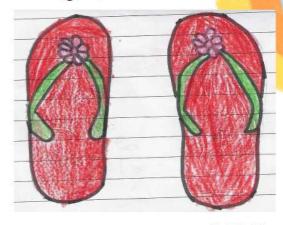
Gururoop Kaur (2)

मेरी नई सुंदर चप्पल

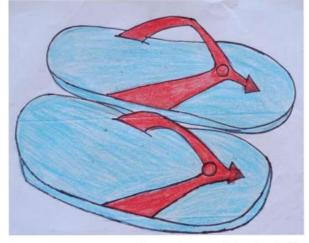
मैं और मेरी माँ चप्पल लेने बाजार गए। वहाँ तरह-तरह की चप्पलें थी। फिर मुझे एक चप्पल पसंद <mark>आई।</mark>

मेरी चप्पल लाल रंग की है। और उसमें थोड़ा हरा रंग भी है। मेरी नई सुंदर चप्पल पहनने व चलने में आरामदायक है। मेरी सहेलियों को भी मेरी नई चप्पल बहुत पसंद आई। मैं अपनी नई चप्पल पहनकर पार्क में घूमने गई। यह दौड़ने में भी बहुत आरामदायक है। मैं इसे पहन कर बहुत खुश होती हूँ।





Naitik (3)



Aayushuman Kandwal (1)

मेरी नई चप्पल बहुत सुंदर है। वह मेरे पैरों में बहुत सुंदर लगती है, और मैं उसे पहनकर घूमने जाती हूँ । मेरी चप्पल लाल रंग की है, वह मेरे कदमो से कदम मिलाती है। मेरी चप्पल मेरे पैरों की सुरक्षा करती है। मैं अपनी चप्पल को पहन कर घूमने जाती हूँ। मेरी चप्पल मुझे बहुत पसंद है। मैं

अपनी चप्पल किसी को पहनने नहीं देती हूँ। मेरी चप्पल को मैं बड़े प्यार से रखती हूँ। मेरी चप्पल को मैं रोज साफ करके धोती हूँ। और उसे साफ एवं स्वच्छ रखती हूँ।

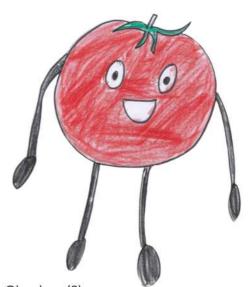




लाल टमाटर

लाल टमाटर लाल टमाटर, तुम तो हो कितने प्यारे। लाल रंग है तुम्हारा, मुझको तुम लगते हो न्यारे, लाल टमाटर लाल टमाटर पहले होते हो हरे हरे, हरे से हो जाते हो लाल। करते हो तुम यह कैसे, खा कर तुमको क्या? मैं भी लाल-लाल बन जाऊँगा। तुम को खाने से क्या मैं? भी रंग बदल पाऊँगा।

Triyumb (2)



लाल टमाटर, लाल टमाटर स्वस्थ बनाता लाल टमाटर हमारे बगीचे के लाल टमाटर हम खाएँगे लाल टमाटर।

लाल टमाटर, लाल टमाटर खून बढ़ाते, लाल टमाटर गोल-मटोल, लाल टमाटर स्फूर्ति बढ़ाता, लाल टमाटर अम्मा कहती, स्वस्थ बनाता।

लाल टमाटर, लाल टमाटर हर सब्जी का स्वाद बढाता लाल टमाटर आओ रोज खाएँ गोल -मटोल लाल टमाटर लाल टमाटर, लाल टमाटर प्यारे-प्यारे लाल टमाटर। Samridhi (3)





Labhani Kashyap (3)

आम और लीची की लड़ाई

एक बार की बात है कि एक फलों के ठेले पर आम और लीची बेचने के लिए रखे गए थे। गर्मियों का मौसम था। हर तरफ आम तथा लीचियों की बौछार लगी हुई थी। लोग अधिक मात्रा में आम खरीद रहे थे परंतु

आम के ठेले पर लगभग आम बिक चुके थे, लीची की खरीद पर कुछ कमी थी। इसी को देखते हुए आम अपनी अधिक माँग पर इतरा रहा था। आम इसी बात पर लीची को सुनाने लगा कि मुझसे अधिक अच्छा और कोई फल नहीं ।मुझे खाने से आँखें चमकदार होती हैं।

मेरे इस्तेमाल से कई फायदे होते हैं जैसे

-कोलेस्ट्रोल नियंत्रित रहता है, त्वचा के लिए फायदेमंद, पाचन क्रिया को ठीक रखने में, स्मरण शक्ति में मददगार, गर्मी से बचाव आदि । यह सुनकर लीची चिड़ गई और कहने लगी, मैं भी रसीली हूँ और मेरा मीठा स्वाद सबको भाता है, लोग मुझे भी बहुत खाना पसंद करते हैं।



एक बार की बात है । आम और लीची दोनों के बीच लड़ाई हुई कि दोनों में कौन श्रेष्ठ है। दोनों अपने -अपने बारे में बताने लगें और एक दूसरे की किमयां बताने लगे । आम बोलता है मैं फलों का राजा हूं इसीलिए मैं श्रेष्ठ हूं।

लीची बोलती है मैं रस और मिठास से भरी हूं। आम बोलता है मुझ में पानी की मात्रा तुझसे ज्यादा है, तभी लीची बोलती है मुझे खाने से एकदम ऊर्जा मिलती है। मुझे खाने से चक्कर आना और थकान जैसी समस्या से बचा जा सकता है। आम कहता है मुझ में सबसे अधिक पोषक तत्व पाए जाते हैं।

तो लीची भी बोलती है कि मैं भी पोषक तत्वों से भरपूर हूं तभी तरबूज़ ने कहा आप दोनों क्यों लड़ रहे हो? आप दोनों की अपनी अपनी जगह श्रेष्ठ है। आप दोनों ही गर्मी के मौसम के खास फल हो। आप दोनों का इंतजार सभी को रहता है। आप दोनों को सभी बड़े चाव से खाते हैं इसीलिए आम और लीची दोनों ही अपने आप में एक खास जगह रखते हैं दोनों ही श्रेष्ठ है। हां यह बात अलग है कि आम फलों का राजा है

इसीलिए पहले स्थान पर है।

Kartik Kudiyal (6)

"आम ने लीची को लगाई फटकार, तुम तो मुझसे छोटी रह गई यार" हंसते हुए, आम ने लीची से कहा। लीची भी बोल पड़ी -"मैं रसीली प्यारी सी, तुम तो मोटे खोटे से ।"





Divyansh Saxena (7)

बस फिर क्या था, दोनों में बहस छिड़ गई। आम ने कहा, "मैं फलों का राजा हूं।मुझे सब बच्चे पसंद करते हैं। मैं तुमसे ज्यादा रसीला और मीठा हूं।"

लीची बोली - "मेरा इंतजार बच्चों को साल भर रहता है। मैं सबकी पसंदीदा हूं।"

आम बोला- मुझसे बहुत सारी चीजें बनती है। अचार, आम पन्ना, अमचूर। मैं तो कच्चा भी काम आता हूं और पकने के बाद तो मैं दूध में भी मिल जाता हूं।

यह सुनकर लीची चुप हो गई और शर्म से लाल हो गई।

तभी वहां कुछ बच्चे आए।पीला-पीला और लाल-लाल लीची देखकर उनका मन ललचाया और वह उनको तोड़कर खाने लगे । बस फिर क्या आम और लीची की लड़ाई हमेशा के लिए खत्म हो गई।

Adyam Singh Sindhwal (6)

एक बार एक बगीचे में एक आम और लीची का पेड़ होता है। दोनों पर ही बहुत स्वादिष्ट फल लगा करते थे । सारे गांव के लोग वहां से लीची और आम ले जाया करते थे। उन्हीं पेड़ों के पास एक बरगद का पेड़ भी था। जो बहुत पुराना था। एक बार पेड़ पर लगी एक आम और लीची के पेड़ पर लगी लाल-लाल लीची के बीच लड़ाई हो जाती है। आम से लीची कहती है- इस साल लोग मुझे खाना ज्यादा पसंद कर रहे हैं, इस बार तुम पेड़ पर लगे-लगे ही खराब हो जाओगे तभी आम गुस्सा हो जाता है, और कहता है "मैं तुझसे ज्यादा स्वादिष्ट हूं और तुझसे ज्यादा बड़ा हूं" देखते ही देखते हैं उनका वाद-विवाद शुरू हो जाता है तभी पास में खड़ा बुजुर्ग बरगद का पेड़ कहता है तुम दोनों लड़ना बंद करो तुम दोनों का महत्व सबके जीवन में समान है।

Vedika Rawat (4)

एक बार एक गांव में एक घर में आम का पेड़ था। और उसके सामने एक लीची का भी पेड़ था। दोनों पेड़ों के मालिक उनकी बहुत देखभाल करते थे। जब वह दोनों पेड़ बड़े हो गए तो उनकी टहनियां एक दूसरे से टकराने लगी। आग ने फिर लीची से कहा आम जरा अपनी टहनियों को पीछे कर लो क्योंकि मुझे परेशानी हो रही है।

यह सुनकर लीची बोली मैं नहीं हटूंगी । तुम अपनी टहनियों को पीछे कर लो यह सुनकर आम को गुस्सा आ गया और बोला "मैं फलों का राजा हूं" इसीलिए तुम्हें मेरा कहना मानना पड़ेगा । इस पर लीची बोली मेरे फल तुमसे ज्यादा मीठे और गोल होते हैं, और लोग मुझे फलों की रानी कहते हैं इसलिए मैं तुम्हारा कहना क्यों मानूं ?आम गुस्से में बोला कि" मेरे फल तुमसे ज्यादा मीठे होते हैं और तुम अपने आप को क्या समझती हो, तुम्हें कोई पसंद नहीं करता तुम पर बहुत कम फल लगे हैं जरा मेरी तरफ देखो मैं फलों से लदा पड़ा हूं" लीची बोली जरा मेरी तरफ ध्यान से देखो तुम से ज्यादा फल लगे हैं ।तभी उसी रात जोरदार तूफान आया और दोनों के सारे फल झड़ गए दोनों का घमंड चूर-चूर हो गया इस तरह दोनों की लड़ाई खत्म हो गई।

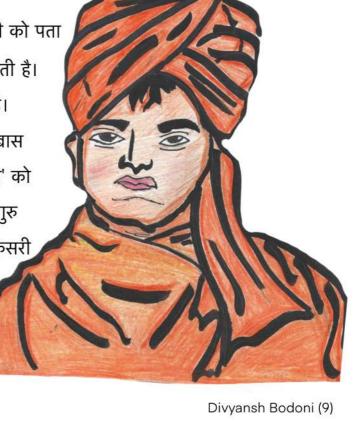
Rajveer Singh (6)

केसरिया

केसरिया रंग सुनते ही सबसे पहले मुझे अपने देश के राष्ट्र ध्वज का स्मरण होता है। भारत के राष्ट्रीय ध्वज की उत्तम पट्टी में केसरिया रंग है, जो हमारे देश के साहस और शक्ति को दर्शाता है। यह रंग सभी धर्मों के अहंकार को मुक्ति और त्याग का संदेश देता है। हिन्दू, बौद्ध, सिख सभी इस रंग को अपने करीब मानते हैं। आम भाषा में केसरिया रंग को संतरी रंग भी कहा जाता है। यह रंग हिन्दू धर्म की निशानी माना जाता है। मैंने हमेशा साधु, ऋषि, मुनी या मंदिरों के पंडित को केसरी वस्त्र में ही देखा है। माना जाता है कि पुराने ज़माने में साधु- संत जब मोक्ष की प्राप्ति के लिए निकला करते थे तब अपने साथ अग्नि को भी लेकर निकलते थे। यह अग्नि उनकी पवित्रता की निशानी बन जाती थी। पर हर समय अग्नि रखना कठिन था, इसलिए अग्नि की जगह में भगवा रंग के ध्वज को साधु संत लेकर चलने लगे फिर धीरे-धीरे साधु संत केसरिया या कहें भगवा रंग के वस्त्र भी पहनने लगे। पूजा-अर्चना के दौरान केसरी रंग के वस्त्र

पहनने की मान्यता है।

सूर्योदय और सूर्यास्त का रंग भी भगवा है। जैसे हम सभी को पता है कि हिन्दू धर्म में सूर्य और अग्नि दोनों की पूजा की जाती है। केसरिया रंग ही सूर्य और अग्नि का प्रतिनिधित्व करता है। इसके साथ ही सिक्खों द्वारा भी केसरी रंग का उपयोग ख़ास तौर पर किया जाता है। सिख गुरुद्वारों में 'निशान साहिब' को केसरी रंग के कपड़े से लपेटा जाता है। सिखों के दसवें गुरु गोबिन्द सिंह द्वारा बनाए गए पंच प्यारों का लिबास भी केसरी रंग का ही है। सिख केसरी रंग की पगड़ी पहनना पसंद करते हैं। सिक्खों में विवाह वाले दिन भी दुल्हे को केसरी रंग की पगड़ी बाँधी जाती है। क्योंकि यह रंग उनकी आने वाली ज़िदगी के लिए शुभता के रूप में काम करता है। फ़िल्म 'केसरी' इसी पर आधारित है।



सिख धर्म ने केसरी रंग को अपने गुरुओं का आशींवाद माना है। इसके अलावा भगवान बुद्ध भी केसरी रंग के कपड़े पहनते थे। बौद्ध भिक्षु हमेशा भगवा रंग के कपड़ों में ही रहते थे। कश्मीर में हजारों एकड़ भूमि केसर के नीले फूलों से खिल - खिलाने लगती है। केसर दिवस यानी २७ अक्टूबर से ही केसर की फसल की कटाई शुरू हो जाती है। राष्ट्रीय केसर मिशन से जुड़े कृषि वैज्ञानिक बताते हैं कि केसर दुनिया की सबसे महंगी फसल है। भारत में इसका उत्पादन सिर्फ़ कश्मीर मे ही होता है। दक्षिण कश्मीर में पुलवामा ज़िले का पापोर शहर केसर के शहर के रूप में जाना जाता है।

ऐसा कहा जाता है कि केसर का तिलक करने से देवताओं को प्रसन्नता होती है और मनुष्य को लंबी आयु और आरोग्यता मिलती है। भगवा महज, एक रंग नहीं। भगवा शब्द भगवान से निकला है। यानि भगवान को मानने वालों का भगवा रंग प्रतीक बन गया है। केसरिया एक महत्वपूर्ण बौद्ध स्थल है। यह चंपारण में स्थित एक छोटा सा शहर है। यह पुरातत्विक महत्व का प्राचीन ऐतिहासिक स्थल है। यहाँ एक बौद्धकालीन स्तूप है। जिसे केसरिया स्तूप के नाम से जाना जाता

है।

देश - भारत

राज्य - बिहार

जिला - चंपारण

इसका इतिहास काफी पुराना व समृद्ध है। बौद्ध तीर्थ स्थलों में इसका महत्वपूर्ण स्थान है। बुद्ध ने वैशाली से कुशीनगर जाते हुए एक रात केसरिया में बिताई थी तथा लिच्छिवियों को अपना भिक्षा पात्र प्रदान किया था।



Kushi Panwar (9)

कहा जाता है कि जब भगवान बुद्ध यहाँ से जाने लगे तो लिच्छिवियों ने उन्हें रोकने के लिए नदी में कृत्रिम बाढ़ उत्पन्न की। इसके पश्चात् ही भगवान बुद्ध यहाँ से जा पाने में सफल हो सके थे। सम्राट अशोक ने यहाँ एक स्तूप का निर्माण करवाया था। इसे विश्व का सबसे बड़ा स्तूप माना जाता है।

अब हम बात करते हैं केसर की, जिसे एक मसाले के रूप में भी प्रयोग किया जाता है। विश्वभर में सिर्फ दो या तीन ही देश ऐसे हैं जहाँ केसर उगता है और कश्मीर का केसर पूरे विश्व में मशहूर है। सम्राट अशोक ने स्मरण के रूप में स्तूप का निमार्ण करवाया था। इसे विश्व का सबसे बड़ा स्तूप माना जाता है। वर्तमान में यह स्तूप 1400 फीट के क्षेत्र में फैला है और उनकी ऊँचाई 104 फीट है। यह केसरिया स्तूप है।

अलेक्ज़ेंडर के अनुसार, मूल स्तूप सत्तर फीट ऊँचा था।१५९८ में पुरातत्व अन्वेषण विभाग द्वारा केसरिया दुनिया का सबसे ऊँचा बौद्ध स्तूप मिलने के बाद बिहार ने अपने अतीत का गौरव फिर से प्राप्त कर दिया ।

Anuradha Thapliyal (7)

पूरी और हलवा का नाश्ता

आज बुधवार था। नाश्ते का भी वक्त हो रहा था। कहते है कि जिस चीज को ज्यादा खाने का मन कर रहा होता है, वह जब सामने आ जाए तो खुशी का कोई ठिकाना नहीं होता है। ठीक ऐसा ही मेरे साथ आज नाश्ते के वक्त हुआ।मुझे बहुत देर से हलवा- पूरी खाने का मन कर रहा था कि तब तक मेरी मम्मी मेरे लिए गरम - गरम हलवा - पूरी लेकर आ गई। तब क्या था, मेरा तो कोई खुशी का ठिकाना ही नहीं रहा।

ऐसा लग रहा था कि गरम - गरम हलवा पूरी कब से मेरे लिए इंतजार कर रहे हों । मेरे भी पेट पर बहुत तेजी से चूहे दौड़ रहे थे । गरम -गरम पूरी और मीठा - मीठा हलवा की जोड़ी ही कुछ और है। अंत में हम सब एक साथ बैठे और हलवा पूरी का आनंद लेकर नाश्ते को फटाफट खत्म किया।

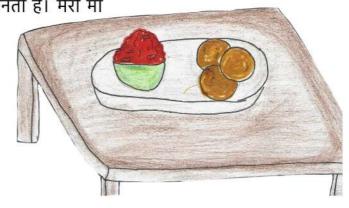
Arastu Uniyal (3)

Tejaswi (3)

पूरी और हलवे का नाश्ता मेरा मन पसंद नाश्ता है। मेरी माँ रविवार या सोमवार को यह नाश्ता बनाती है। मुझे हलवा ज्यादा अच्छा लगता है। मेरी माँ त्योहारों पर भी पूरी और हलवा बनाती है। मेरी माँ हलवा बहुत अच्छा बनाती है। मुझे पूरी और हलवे का नाश्ता बहुत करना बहुत पसंद है। आज में पूरी और हलवे का

नाश्ता करूँगी। पूरी और हलवा ज्यादातर त्योहारों में बनता है। मेरी माँ पूरी और हलवा ज्यादातर नवरात्रों और जन्माष्टमी के त्योहारों में बनाती है और हम सभी बहुत खुश होकर यह नाश्ता करते हैं। मैं तो चाहती हूँ कि रोज - रोज यह त्योहार आए और मुझे मेरी माँ के हाथों का बना पूरी और हलवा खाने को मिले।

Tejaswi (3)



Vedansh Verma (5)

किसान क्यों है परेशान?

किसान, हमारे भारत देश का निर्माता, जिसको आज कोई समझ न पाता। श्रम करके दो पैसे वो कमाता पर उपेक्षा के सिवा उसके हाथ कुछ ना आता। किसान क्यों है परेशान? किसान, दिन भर हाथ - पाँव तुड़वाकर निराश घर है आता । कौन उसका दर्द समझ पाता, कौन उसके घाव भर पाता, किसान क्यों है परेशान? किसान, जो इस धरती पर सोना है उगाता। भारत के सौंदर्य को अव्वल जो बनाता, आज यह हालत है जनाब,

कि वह अपने परिवार का पेट ना पाल पाता।

दुख-दर्द और पीड़ा से जूझ रहा वह,

किसान क्यों है परेशान?

बस हवाला देते रहते उसे, यह राजनेता और समाज।

वह बेचारा किस्तों में लोन है चुकाता,

उर्वरक तथा बीजों के दाम तक ना दे पाता।

ईमानदारी तथा परिश्रम का दाता,

यह किसान ही है देश का भाग्य विधाता।



3 5 TH

Anushka (7)

यह अन्तदाता है, सुविधाओं के नाम पर कर्ज में डूब जाता है। देश की आन -बान -शान है किसान, तो कब तक रहेगा वह बेहाल, किसान क्यों है परेशान?

Kanika Juyal (11)

चाँद और सितारे मेरे ऑगन में

चॉद सितारे मेरे ऑगन मे जब आते, तारों से मेरे घर को सजाते। पूरा घर मेरा रौशन हो जाता, उनके बीच मैं सो जाता।। टिम-टिम टिम-टिम तारे, जगमगाते घर आँगन को सारे। देखने आ जाते इनको सारे, लगते है सबको ये प्यारे।।



Rishab Nautiyal (9)

मैं सोचूं फिर ऐसा हो जाता, घर मे कभी अंधेरा ना छाता। माँ को तोहफे में दूं चाँद सितारे, क्योंकि उनको प्यार करते हम सारे ।।

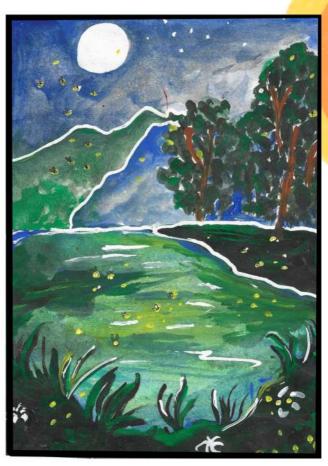
Vedansh Verma (5)

जग मग करते चाँद सितारे मेरे आँगन में लगते प्यारे, रोज लिये शाम को चाँदनी हँसते रहते नीले गगन में, ओढ काली रात का चादर चाँद उतर आया आँगन में ये पहरी बनकर जगते है जब सोते धरती पर सारे, जग मग करते चाँद सितारे, मेरे आँगन में लगते प्यारे।

Arushi Bodoni (5)



Maitri Negi (4)



Ashmita Naithani (9)

काली रात हो आई है,
सर-सर चलती हवा सुहावनी
खल-खल बहता नदियों का पानी
छुपे हुए कीड़े मकोड़े गाते हैं रात की मधुबानी।
टिम-टिम करते जुगनू जगमगाते है।
चमक-चमक चमकीले जुगनू तारों से टिमटिमाते हैं।
चमक-चमक कर यह सब के दिल को बहलाते हैं,
जुगनू कितने सुंदर लगते सबका मन बहलाते आते हैं।
जुगनू की तरह हमेशा रोशनी देकर,
दूसरों के जीवन को प्रकाशित करना हमें सिखाते हैं।

Ashmita Naithani (9)

मेरी पगड़ी मेरी शान

मेरी पगड़ी मेरी शान,
इस पर है मुझे अभिमान,
बढ़ाती है यह मेरा मान
मेरी पगड़ी मेरी शान ।
मेरी पगड़ी का है रंग निराला,
इस पर इतराए मतवाला ।
लाल, हरी, नीली, और पीली,
मेरी पगड़ी है रंगीली ।
भाई पहने, दादा पहने और पहने है ताऊ,
पहन के इसको मैं भी,खूब रोब जमाऊ।
नहीं झुकने देंगे पगड़ी,
चाहे दांव लग जाए जान का।
सिर की पगड़ी,
यह प्रतीक है सम्मान का।



Divyansh Bodoni (7)

Anushka (7)

वर्दी की जिम्मेदारी

वर्दी एक जिम्मेदारी को निश्चित करती है, कि हम कितने उसके प्रति वफादार हैं। वर्दी अनुशासन का प्रतीक है। मेरे विद्यालय की वर्दी भी मुझे अनुशासित करतीं हैं विद्यार्थी जीवन के लिए । विद्यालय की वर्दी का मतलब भी यही होता है कि हम सदैव अच्छे कार्य करें ताकि हमारे बारे में लोग अच्छा सोचें। वर्दी ना हो तो हमारी सरहद सुरक्षित नहीं है। वर्दी तो मान है, सम्मान है, हर व्यक्ति के जीवन का स्वाभिमान है। मैं भी अपनी वर्दी का ख्याल रखता हूँ। रोज उसे साफ - सुथरा करके प्रेस करके पहनता हूँ। मैं यहाँ वर्दी की जिम्मेदारी को बहुत बखूबी समझता हूँ क्योंकि मेरे नानाजी एक आर्मी रिटायर्ड कैप्टन थे जो कि केंद्र गढ़वाल राइफल्स में कार्यरत थे। उन्होंने दो जंग लड़ी जो कि हिंदुस्तान और पाकिस्तान के बीच में थी, दोनों में ही हिंदुस्तान ने पाकिस्तान पर विजय प्राप्त की। मेरे नानाजी ने उसमें अपने शौर्य गाथा और देश के प्रति देश भक्ति का परिचय दिया। मैं उनसे यही सीखता हूँ कि वर्दी में होना एक बहुत बड़ी जिम्मेदारी होती है और वर्दी से ही हमें देशभक्ति का पता चलता है । मैं हमेशा अपनी वर्दी का ध्यान रखूँगा।

विरासत में हमेशा धन नहीं मिलता कभी-कभी जिम्मेदारी भी मिलती है। वर्दी किसी विशेष व्यक्ति को ही मिलती है। वह व्यक्ति वर्दी पहनने के साथ ही जिम्मेदारियों से घिर जाता है। वर्दी डॉक्टर , पुलिस, सेना, विद्यार्थियों, कर्मचारियों आदि की होती है। कई व्यक्ति जिम्मेदारी को बोझ समझते हैं। परंतु जिम्मेदारी मनुष्य को अनुशासन, प्रगति और मेहनत करना सिखाती है। अच्छे प्रयासों से हम अपनी जिम्मेदारी पूरी कर सकते हैं। यह मेरे विद्यार्थी जीवन को सफलता का सोपान है। एक जिम्मेदार विद्यार्थी देश की प्रगति का हिस्सेदार बन सकता है और अपनी जिम्मेदारी को प्रदर्शित कर सकता है अगर वह अपनी वर्दी की जिम्मेदारी को समझता है।



Varnik Negi (7)

मैं एक चरवाहा हूँ

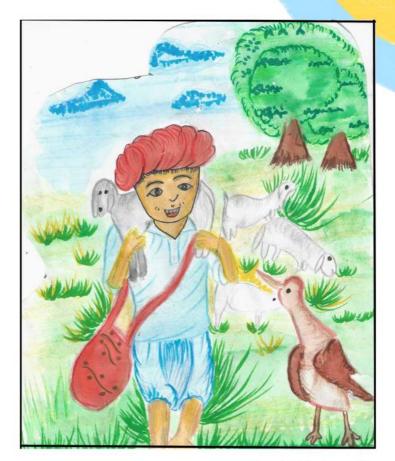
हाँ, मैं एक चरवाहा हूँ।
हाथों में छड़ी लिए, आँखों में अरमान लिए,
चरवाहें की पहचान लिए, चलते जाता हूँ।
हाँ, मैं एक चरवाहा हूँ।
रोज सुबह निकल जाता हूँ
अपनी गायों का रखवाला बनकर,
जीवन में अपने सपनों में नये रंग भरकर,
चरवाहें की पहचान लिए चलता जाता हूँ।
हाँ मैं एक चरवाहा हूँ।
जंगल-जंगल फिरता गया
गाय-भैंसों को चरवाने के लिए,



Diya Goyal (7)

हर वक्त उम्र बीत रही थी, बस चरवाहे की पहचान लिए, चलता जाता हूँ हाँ, मैं चरवाहा हूँ।

Nandini Bijalwan (9)



Nandini Bijalwan (9)